

Limca

Book of Records

Indian Record

Largest spinal disc removed

Dr Saraj Kumar Singh surgically removed the largest spinal disc of size 08 cm x 03 cm x 01 cm from a 55-year-old male patient on 25 September 2023 at AIIMS, Patna. The method employed for the surgery was endoscopic disectomy.

ANIRBAN

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Date of Issue: March 2025



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Limca book of records - 2025

Most uterine fibroids removed
Dr Ravindra Keshavrao Shelmohkar removed 63 uterine fibroids from a 34-year-old female patient in an open abdominal myomectomy conducted on 14 April 2021 from 9:45 a.m. to 10:45 a.m. at Pune District Education Association's Ayurved Ragnalaya and Sterling Multispecialty Hospital in Nugi, Pune, Maharashtra.

Surgery on the heaviest woman
Forty-two-year-old Anila Rajani, weighing 300 kg, underwent bariatric surgery performed by Dr Shashank Shah at his hospital in Pune, Maharashtra, in 2015. She was bedridden for eight years before the surgery and had multiple risk factors. She lost 214 kg as a result of the surgery.

Surgery on the world's heaviest teenager
Mihir Jain, then 14 years old, became the world's heaviest teenager to undergo bariatric surgery. He weighed 237 kg at the time, with a BMI of 92 kg/sq. m. The surgery was performed by Dr Pradeep Kumar Chowbey at Max Hospital, Saket, New Delhi, and a team of six doctors in 2 hrs 20 mins in July 2018.

Highest spectacle power corrected surgically
The highest spectacle power of -32.5 D was corrected surgically by Dr Rahul Chaudhary on 22 March 2021 at Eye7 Eye Hospital, Lalpat Nagar, New Delhi. Myopia of right eye -25.00 diopter and -32.50 diopter of left eye in a 24-year-old female patient was

Highest spectacle power corrected through ICL surgery



Largest ear tumour removed
Dr Saraj Kumar Singh surgically removed the largest ear tumour of size 10 cm x 10 cm x 04 cm and weighing 110 gms from the left ear of a 35-year-old male patient on 11 September 2023 at AIIMS, Patna.

Largest eye tumour removed
Dr Saraj Kumar Singh surgically removed the largest eye tumour of

successfully corrected using a vision correction refractive eye surgery that employed Customized Implantable Contact Lens (ICL).

First home-grown anti-cancer CAR-T cell therapy

In April 2024, the President launched India's first home-grown anti-Cancer CAR-T cell therapy in Mumbai for cancer treatment, developed by IIT Bombay, Tata Memorial Centre and ImmunACT. It is not only a first for India, but also deemed as the most affordable CAR-T therapy.



Most loose bodies removed from a joint

First homegrown CAR-T cell therapy

size 12 cm x 10 cm x 04 cm and weighing 180 gms from the left eye of a 14-year-old male patient on 28 August 2023 at AIIMS, Patna.

Most loose bodies removed from a joint

Dr Ajinkya Bhaskarrao Desale surgically removed 69 loose bodies (joint stones) from the left knee joint of a 54-year-old female patient on 20 July 2023 at Apex Wellness Hospital, Nashik, Maharashtra. Usually, 2-3 such loose bodies are

but 69 of such in 2 was a unique occurrence.

Largest spinal disc removed
Dr Saraj Kumar Singh surgically removed the largest spinal disc of size 08 cm x 03 cm x 01 cm from a 55-year-old male patient on 25 September 2023 at AIIMS, Patna. The method employed for the surgery was endoscopic disectomy.

Largest nasal polyp removed
Dr Himanshu Jagdishchandra Thakkar surgically removed the largest nasal polyp of size 8 cm x 2.5 cm from the nose of a 55-year-old male patient on 16 September 2023 at Dr Thakkar's ENT and Dental Hospital, Rajkot, Gujarat.



a unique occurrence.

Largest spinal disc removed
Dr Saraj Kumar Singh surgically removed the largest spinal disc of size 08 cm x 03 cm x 01 cm from a 55-year-old male patient on 25 September 2023 at AIIMS, Patna. The method employed for the surgery was endoscopic disectomy.